

## 14\_day Quarantine Plan

To relevant personnel

My name is \_\_\_\_\_, and my passport number is \_\_\_\_\_. I will be quarantined for 14 days from \_\_\_\_\_ to \_\_\_\_\_.

Here are the details of my quarantine plan:

The isolation address is \_\_\_\_\_.

During the quarantine period, I will live in different bedrooms with \_\_\_\_\_.

Transit from airport to quarantine place:

My friend (or your parents) will drive to Vancouver International Airport to meet me.

We will go directly to \_\_\_\_\_ without delay or doing anything. And we will wear masks.

Necessities and food:

My friend (or your parents) bought enough necessities for 14 days. If I need extra items, my friend will use the express service, keep a safe distance from the courier and wear a mask to pick up the goods.

Medical insurance:

My friend thought I had prepared enough conventional drugs. If there was any emergency medical situation, I would contact Vancouver General Hospital.

Contact information:

My email address is \_\_\_\_\_.

My mobile number \_\_\_\_\_.

My friend's mobile number \_\_\_\_\_.

During the isolation period (\_\_\_\_\_), I will not leave the place provided above, and will not receive any guests unless medical assistance.

If you still need any information or questions, please feel free to contact me.

Best wishes,

\_\_\_\_\_